

A man, a woman, and another man are in a gym, performing a lunge exercise with dumbbells. They are all in a low, athletic stance, leaning forward with their hands on dumbbells on the floor. The man in the foreground is wearing a grey long-sleeved shirt and black pants. The woman in the middle is wearing a black tank top and black pants. The man in the background is wearing a black tank top and black pants. The gym has a dark floor, wooden walls, and square light fixtures on the ceiling.

*HEALTHSTREAM*<sup>®</sup>  
**CARDIO**



**TA-765 3.0hp  
Commercial Treadmill**



**TA-775 4.0hp  
Commercial Treadmill**



**T-790 Club 3.0hp  
Commercial Treadmill**



**A-5100G  
Generation System Cross Trainer**



**A-1100G  
Generation System Upright Bike**



**A-2100G  
Generation System Recumbent Bike**



**880DF-G**  
**Generator Elliptical Trainer**



**880U-G**  
**Generator Upright Bike**



**880R-G**  
**Generator Recumbent Bike**



**X9300**  
**Generation System Elliptical Trainer**



**A5200-D**  
**Generation System Upright Bike**



**A5100-D**  
**Generation System Recumbent Bike**



**FE500 Elliptical Trainer**



**FU-500 Upright Bike**



**FR500 Recumbent Bike**



**HSM-5810 Spinning Bike**



**HSR-1000V Air Rower**



**XS-95 Climber**



A person is shown from the chest up, lying on a bench and performing a bench press. They are holding a barbell with weights. The background shows a gym setting with various pieces of equipment and a rack of weights. The image is darkened to make the text stand out.

*HEALTHSTREAM®*

**PLATE  
LOADED**

## LA Series



LA-01 Chest Press



LA-02 Incline Chest Press



LA-03 Shoulder Press



LA-04 Low Row



LA-05 Wide Chest Press



LA-06 Row Machine

## **LA Series**



**LA-07 Pull Down**



**LA-08 Rear Kick**



**LA-09 Leg Press**

## **HSH Series**



**HSH-322**  
**Incline Squat Machine (45°)**



**HSH-322A**  
**Hack Squat Machine**



**HSH-323**  
**Flat Weight Bench**



**HSH-324**  
**Decline Weight Bench**



**HSH-325**  
**Incline Weight Bench**



**HSH-329**  
**Seated Calf Machine**



**HSH-331**  
**T ARM Machine**



## **XH Series**



**HSE-3056S Leg Press**



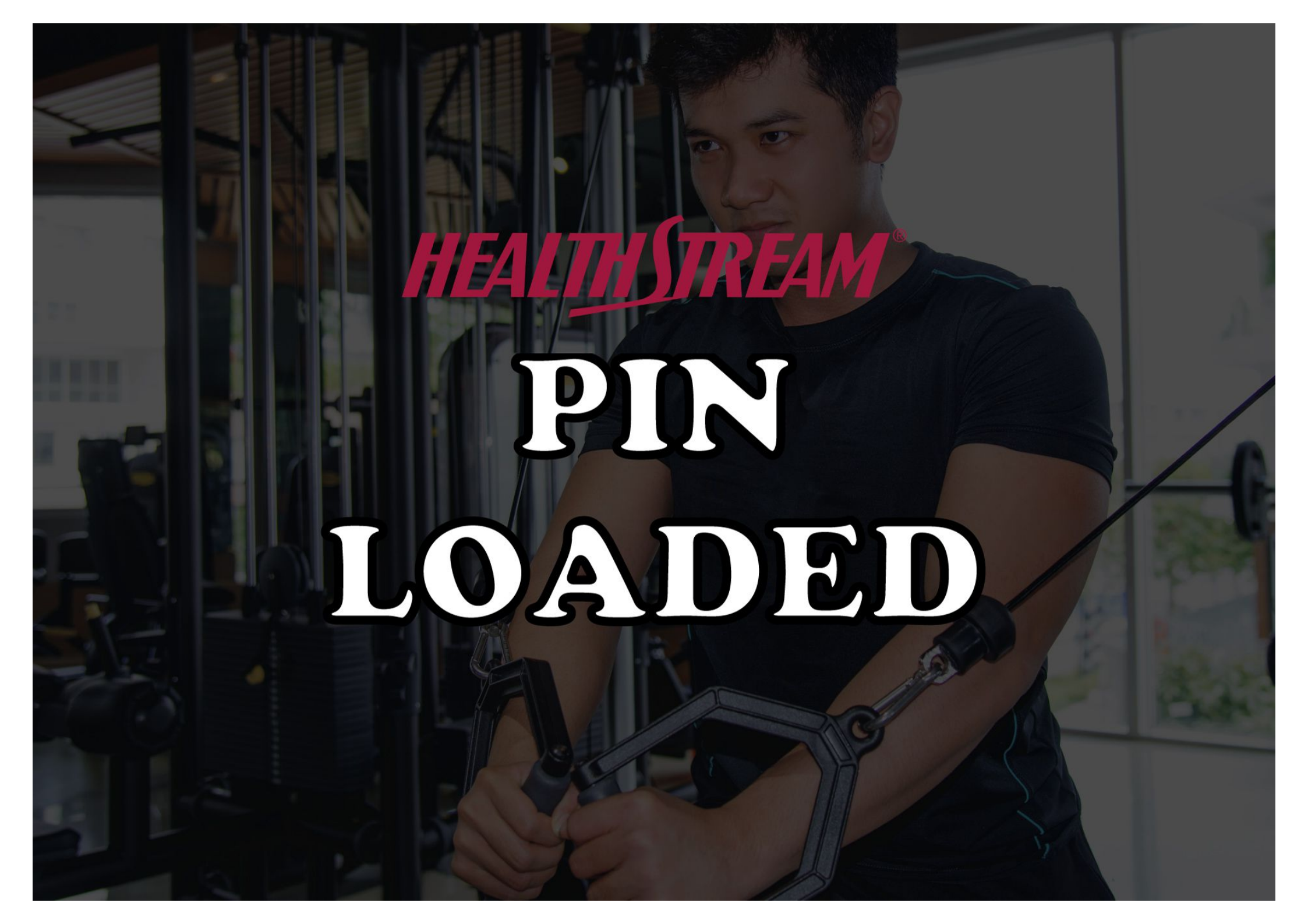
**XH-004 Hack Squat**



**XH-006 Hip Thrust**



**XH-008 Power Rack**

A man in a black t-shirt is using a HealthStream Pin Loaded resistance band in a gym. He is holding the handles with both hands, and the band is attached to his forearms. The background shows gym equipment and a window.

***HEALTHSTREAM®***

**PIN  
LOADED**

## HSM Series



**HSM-5001 Chest Press**



**HSM-5002 PEC Fly**



**HSM-5003 Shoulder Press**



**HSM-5004 Seated Row**



**HSM-5006 Bicep Curl**

## **HSM Series**



**HSM-5007 Triceps Press**



**HSM-5008 Assisted Chin**



**HSM-5009 Lower Back**



**HSM-5010 Abdominal Crunch**



**HSM-5011 Rotary Torso**



**HSM-5012 Lat Pull Down**



## HSM Series



**HSM-5012A Seated Horizontal Pulley**



**HSM-5013 Seated Curl**



**HSM-5013A Horizontal Leg Curl**



**HSM-5014 Leg Extension**



**HSM-5015 Leg Press**

## HSZ Series



HSZ-001 Chest Press



HSZ-002 PEC Fly



HSZ-002A PEC Fly-Rear Delt



HSZ-003 Shoulder Press



HSZ-004 Seated Row



HSZ-006 Biceps Curl

## **HSZ Series**



**HSZ-008 Assisted Chin-Dip**



**HSZ-009 Lower Back**



**HSZ-010 Abdominal Crunch**



**HSZ-011 Rotary Torso**



**HSZ-012 Lat Pull Down**



**HSZ-012A Seated Horizontal Pulley**

## HSZ Series



**HSZ-013A Horizontal Leg Curl**



**HSZ-014 Leg Extension**



**HSZ-015 Leg Press**



**HSZ-018 Inner Thigh Adductor**



**HSZ-019 Outer Thigh Abductor**



## Combo



**HSM-5002A Pec Fly/Rear Delt**



**HSM-5003A Seated,  
Horizontal Shoulder Press**



**HSM-50412 Seat Row, High Pulley**



**HSM-50607 Biceps Triceps**



**HSM-50910 Low Back Machine**



**HSM-51314 Leg Extension and Curl**

**Combo**



**HSM-51819 Out Inner Thigh**

## Multi Station



**HFT Functional Trainer**



**HSY-905 Cable Crossover**



**HSY-908**  
**Functional Trainer and Smith Machine**



**HSY-908A**  
**Functional Trainer and Smith Machine**



**HSY-959 5 Station Gym**



**HSY-989 8 Station Gym**

## **Multi Station**



**PL-12 3 Station Multi Gym**



**PL-12A Single Station Multi Gym**



**PL-13 4 Station Multi Gym**





**X 2 4 Station Gym**

A man is shown from the waist up, seated on a rowing machine and pulling the handle. He is shirtless and muscular. The background is a dimly lit gym with other equipment visible. The text 'HEALTHSTREAM' is overlaid in red, italicized font with a registered trademark symbol.

***HEALTHSTREAM®***

**FREE  
WEIGHT**



**HSH-326 Hyper Extension**



**HSH-327 Vertical Knee, Raise**



**HSH-332 Abdominal Machine**



**HSH-333 Body Stretcher**



**HSH-334 Adjustable Sit Up Bench**



**HSH-336 Flat Bench**



**HSH-337 Multi Adjustable Bench**



**HSH-338 Utility Bench**



**HSH-340 Scott Bench**



**HSH-341 Weight Plate Tree**





**HSU-3036 Flat Bench**



**HSU-3037 Adjustable Decline Bench**



**HSU-3038 Multi Purpose Bench**



**HSU-3039 Super Bench**



**HSU-3044 Seated Preacher Curl**



**HSU-3045 Back Extension**



**HSU-3047 Vertical Knee Up, Dip**



**HSU-3050 Squat Rack**



**HSU-3054 Weight Plate Tree**



**HSU-3055 Barbell Rack**



**HSE-3048 Power Rack**



**V09 Barbell Rack**

A hand is shown holding a black dumbbell. The background is a blurred gym setting with various exercise machines. The text 'HEALTHSTREAM' is written in a red, italicized, sans-serif font with a registered trademark symbol.

*HEALTHSTREAM®*

**DUMBBELL  
& ACCESSORY**





**DMR (25) 2.5~25kg  
Dumbbell Set with Rack**



**PSD10-25 2.5-25 kg  
Hex Dumbbell Set**



**PSD10 1-10 kg Dumbbell Set**



**HL-DB0960 10~45 kg  
Barbell Set**



**HL-DB0960C 10~45kg  
Fixed Curl Barbell Set with Rack**



**2~20 kg Kettlebell  
2set with Rack**



**Olympic size Barbell**



**OP9001-25 Olympic Plate**



**HL-R15021 2~10kg Medicine Ball with Rack**



**Commercial Punching Bag CI-2168**



**CI-065 Fit Ball**



**HL-R15022 Fit Ball Rack**



**YM-008 8mm Yoga Mat**



**Rubber Tiles 500x500x15mm**